

# MENTAL HEALTH WELLBEING – MANAGEMENT RISK ASSESSMENT

Assessment Details			
Business Name		Name of Assessor	
Job Title		Assessor's Signature	
Line Manager		Date Completed	

**Stress Risk Factor (please note: across all Management Standard factors, steps should be taken to make sure individual concerns can be responded to on a day-to-day basis).**

**Management Standard 1: Demands: *Issues such as workload, work patterns and the work environment.***

Issues identified	Existing Control Measures	Proposed control measures	Responsibility / Ownership	Priority Level (High, Medium or Low) & Timescale
(For example: Workloads, hours and patterns of work, working under excessive pressures, individual training needs, boring or repetitive tasks, physical working environment, concerns not taken seriously by management, lack of work-life balance)		(For example: Help prioritising tasks, adjustments of hours or working patterns, training, effective communication procedures put in place, adjustments to the working environment, additional resources, no expectation of additional work, introduction of a work/life balance policy)		

**Management Standard 2: Control: *How much say the person has in the way they do their work***

<b>Issues identified</b>  (For example: Setting working patterns, choosing breaks, no opportunity to use initiative, no opportunity to develop skills, no opportunity to raise concerns)	<b>Existing Control Measures</b>	<b>Proposed control measures</b>  (For example: Offer flexibility over work hours and rotas, better feedback procedures for staff)	<b>Responsibility / Ownership</b>	<b>Priority Level (High, Medium or Low) &amp; Timescale</b>

**Management Standard 3: Support: *The encouragement, sponsorship and resources provided by the organisation, line management and colleagues***

<b>Issues identified</b>  (For example: Staff feel unsupported, staff feel isolated, staff have no opportunity to raise concerns, inconsistent management, lack of supportive feedback, lack of support for disability or illness, lack of supervision)	<b>Existing Control Measures</b>	<b>Proposed control measures</b>  (For example: Staff made aware of policies and procedures in place to help them, wellbeing programmes put in place, regular feedback sessions with employers and management)	<b>Responsibility / Ownership</b>	<b>Priority Level (High, Medium or Low) &amp; Timescale</b>

**Management Standard 4: Relationships: *Promoting positive working to avoid conflict and dealing with unacceptable behaviour***

<b>Issues identified</b>  (For example: Unacceptable behaviours, lack of awareness of diversity and equality issues, low team morale, staff feel they are unable to raise issues, lack of fairness)	<b>Existing Control Measures</b>	<b>Proposed control measures</b>  (For example: Encourage team working/bonding, encourage verbal communication, better management intervention, relevant training, discipline/grievance procedures put in place, investigations adequately recorded)	<b>Responsibility / Ownership</b>	<b>Priority Level (High, Medium or Low) &amp; Timescale</b>

**Management Standard 5: Role: *Whether people understand their role within the organisation and whether the organisation ensures that they do not have conflicting roles***

<b>Issues identified</b>  (For example: Conflicting demands, inaccurate job descriptions, lack of understanding of the role, expectation of excessive working hours)	<b>Existing Control Measures</b>	<b>Proposed control measures</b>  (For example: Ensure accurate job descriptions are given, develop 1:1 feedback sessions with management, clearly defined objectives)	<b>Responsibility / Ownership</b>	<b>Priority Level (High, Medium or Low) &amp; Timescale</b>

**Management Standard 6: Change: *How any organisational change is managed and communicated in the organisation***

<b>Issues identified</b>  (For example: Staff have little opportunity to influence change, staff feel they don't have a voice, fear of new technology, lack of skills for new tasks or processes, staff are not informed about change)	<b>Existing Control Measures</b>	<b>Proposed control measures</b>  (For example: Involve and consult staff about changes, ask for staff feedback, training procedures put in place, organisational change accompanied by suitable resources)	<b>Responsibility / Ownership</b>	<b>Priority Level (High, Medium or Low) &amp; Timescale</b>

